

LADIES TEA

Thursday, Nov. 10 –
2:00 pm

Chocolate Making 101 with Peggy Cudd: With the holidays quickly approaching, it's a great time to learn some tips and tricks when working with chocolate. Peggy Cudd from Chocolate Artworks, out of Charleston, will share some techniques on how to dip just about anything in chocolate. This is a perfect time to start your holiday gift ideas. If you signed up to come last month but didn't show or call, your name will be put on the waiting list for this month. You will be called as we have cancellations. Sign up in the office if you want to attend in November.

BOW MAKING CLASS

Tuesday, Nov. 15-
11:00 am

Suzanne will teach you how to make a professional bow to use for wreaths, packages, Christmas trees and more. Ribbon and material will be provided but please bring scissors. You may bring your own ribbon but velvet is too hard to use while learning. There is no cost for this event. Sign up on the board.

JEWELRY MAKING

Monday, Nov. 14 –
12:00 pm
Cost: \$5.00

Thelma Bailey will be showing us how to make either snowman or Christmas tree earrings for the holidays. These are great for the season or to give as gifts. Sign up in the office.

SEWING CLASS

Wednesday, Nov. 16 – 10:00 am Cost: \$ 15.00

Our November project will be Christmas napkins. When they are folded properly, they are shaped like 1/2 tree, something everyone can use, make a beautiful table setting, and a great gift item. We can make adult Necklaces from Christmas Fabric along with a multi purpose Christmas bag. Sign up in the office.

ANGEL TREE FOR NATIONAL HEALTH CARE

We will be posting Angel Tree tags in the office window. Stop by and choose an angel from NHC who has no family to give them a gift. Deadline to turn in gifts is Friday, Dec. 16.

CHRISTMAS LUNCH

Thursday, Dec. 15 – 11:30 am • Ray Hopkins Senior Center gym
Cost: \$ 9.00

Stoddard's is catering our Christmas Lunch this year which will include baked ham, fried chicken, macaroni and cheese, green beans, glazed carrots, rolls and dessert. We will celebrate this wonder season with good food, good friends and good songs. Sign up in the office.

THE COVE SENIOR SALT HYMN SING - CHRISTMAS THEME

Monday, Dec. 12 – Vans will leave the center at 7:30 am
Cost: \$34.00

SeniorSalt Hymn Sings at The Cove are a wonderful opportunity for senior adults to gather to celebrate the birth of our Savior by singing your favorite Christmas carols and hearing an inspiring devotional. A delicious buffet-style meal in the dining room will follow. While here, guests are welcome to view The Cove's inspiring displays of memorabilia from Billy and Ruth Graham's life and ministry, shop in Ruth's Attic Bookstore at The Cove, or simply relax and fellowship together.

LADY DI'S CHRISTMAS PARTY FOR HER EXERCISE CLASS

Saturday, Dec. 10 – 9:00 am

The Christmas Party will be at Mauldin First Baptist Church in the social hall. Sign up sheets will be available in Lady Di's exercise class starting in late October.

NEW LINE DANCING CLASS

Mondays – 3:00 pm, in the gym.

Classes will be held from Oct. 3 – Nov. 21

Brenda Lanning will be teaching an eight week class called "Introduction to Line Dancing". It's a good time to learn the simple steps and easy dances to see if you want to pursue it. Line Dancing is a fun way to get in shape and meet new friends. Who doesn't want more fun and friends in their life? Brenda will be teaching a Beginner Line Dancing Class starting in January.

ZUMBA GOLD CLASSES

Tuesdays at 10:00 am

Are you young at heart? Do you feel like dancing? Are you ready to unleash your spirit? Come reap all the health benefits while having a good time. Classes are \$2.00 per class and you don't have to sign up in advance, just show up and take this 50 minute class.

BINGO AT MSC

DIRTY BINGO – Friday, Nov. 4 – 12:30 pm – Bring a bagged gift worth \$3.00 with your name on the outside.

PIZZA HUT BINGO - Wed. Nov. 9 – 10:00 am- \$6.40 including tax. 336 W. Butler Rd.

COVERED DISH BINGO - Tuesday, Nov. 15 – 6:00 pm- \$3.00- Bring a dish to share with 6-8 people. Please bring unopened containers of food (potato chips, nuts, trail mix, candy etc.)

November 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	10:00 ZUMBA GOLD 10:00 DRAWING CLASS 10:30 TAI CHI 11:00 INDEPENDENCE 11:00 BEG. MAH JONGG 11:30 YOGA 12:30 MAH JONGG 12:30 DOMINOES 12:30 BUNKO	9:00 EXERCISE 9:00 MAH JONGG 10:00 CORNHOLE 11:00 INTERN. FOOD DAY 12:00 POKER 12:30 CARING SQUARES 1:00 QUILTING 1:00 P-BALL	9:00 AGELESS GRACE 10:00 YOGA 10:00 PHASE 10 11:00 COLORING CLUB 11:15 TAI CHI 12:00 HITCHCOCK 12:30 MOVIE 1:00 500 RUMMY	9:00 EXERCISE 10:00 FIT FRIENDS 10:00 BIRTHDAY PARTY 10:00 RUMMIKUB 10:30 P-BALL 12:30 DOMINOES 12:30 DIRTY BINGO 1:00 BRIDGE
9:00 EXERCISE 9:00 CANASTA 10:00 CORN HOLE 1:00 BRIDGE / PAINTING 1:00 PINOCHLE 1:30 YOGA 3:00 LINE DANCING	ELECTION DAY 10:00 ZUMBA UPSTAIRS 10:00 WATERCOLOR 10:30 TAI CHI 11:00 BEG. MAH JONGG 11:30 YOGA -UP 12:30 MAH JONGG 12:30 DOMINOES	9:00 EXERCISE 9:00 MAH JONGG 10:00 PIZZA HUT 10:00 CORNHOLE 12:00 POKER 12:30 CARING SQUARES 1:00 P-BALL	9:00 AGELESS GRACE 10:00 YOGA 10:00 PHASE 10 11:15 TAI CHI 1:00 500 RUMMY 2:00 LADIES TEA	CLOSED
8:00 CHARLOTTE 9:00 EXERCISE 9:00 CANASTA 10:00 CORN HOLE 12:00 JEWELRY MAKING 1:00 BRIDGE/ PAINTING 1:00 PINOCHLE 1:30 YOGA 2:00 TEAM TRIVIA 3:00 LINE DANCING	10:00 ZUMBA GOLD 10:00 LIFE STORY 10:30 TAI CHI 11:00 BOW MAKING 11:00 BEG. MAH JONGG 11:30 YOGA 12:30 MAH JONGG 12:30 DOMINOES 6:00 C. D. BINGO	9:00 EXERCISE 9:00 MAH JONGG 9:30 HAGOOD MILL 10:00 SEWING 10:00 CORNHOLE 12:00 POKER 12:30 CARING SQUARES 1:00 QUILTING 1:00 PICKLEBALL	9:00 AGELESS GRACE -UP 10:00 YOGA -UP 10:00 PHASE 10 11:15 TAI CHI -UP 11:30 THANKSGIVING LUNCH 1:00 500 RUMMY	9:00 TEDDY BEARS 9:00 EXERCISE 10:00 FIT FRIENDS 10:00 RUMMIKUB 10:30 P-BALL 11:00 TB SOCIAL & LUNCH 12:30 DOMINOES 1:00 BRIDGE
9:00 EXERCISE 9:00 CANASTA 10:00 RUG HOOKING 10:00 CORN HOLE 11:00-1:30 MEN'S DAY 1:00 BRIDGE/ PAINTING 1:00 PINOCHLE 1:15 YOGA 3:00 LINE DANCING	10:00 ZUMBA GOLD 10:30 TAI CHI 11:00 BEG. MAH JONGG 11:30 YOGA 12:30 MAH JONGG 12:30 DOMINOES 12:30 BUNKO	9:00 EXERCISE 9:00 MAH JONGG 10:00 CORNHOLE 11:00 BOOK SOCIAL 12:00 POKER 12:30 CARING SQUARES 1:00 P-BALL	CLOSED	CLOSED
8:00 MYSTERY TRIP 9:00 EXERCISE 9:00 CANASTA 10:00 RUG HOOKING 10:00 CORN HOLE 1:00 BRIDGE/ PAINTING 1:00 PINOCHLE 1:30 YOGA 2:00 TEAM TRIVIA 3:00 LINE DANCING	10:00 ZUMBA GOLD 10:30 TAI CHI 11:00 BEG. MAH JONGG 11:30 YOGA 12:30 MAH JONGG 12:30 DOMINOES	9:00 EXERCISE 9:00 MAH JONGG 10:00 CORNHOLE 12:00 POKER 12:30 CARING SQUARES 1:00 P-BALL MYSTERY TRIP RETURNS	ADDITIONAL YOGA CLASS ADDED Nicole will be teaching another yoga class on Tuesday at 11:30 am. If you can't get enough yoga on Mondays and Thursdays you can now add Tuesdays to your schedule. Cost: \$2.00	

DRAWING CLASS

Tuesday, Nov. 1- 10:00 am
Cost: \$ 3.00

WATERCOLOR CLASS

Tuesday, Nov. 8 -10:00 am
Cost: \$ 3.00

BUNKO

Tuesday's Nov. 1 and Nov. 22
12:30 pm

\$1.00 when you sign up and \$1.00 when you come to play

AGELESS GRACE IS BACK!

Thursdays – 9:00 am • Cost: \$ 2.00

Michelle Griffin is back in town and we're starting the Ageless Grace again. Ageless Grace is an anti-aging exercise program consisting of 21 tools designed to be practiced in a chair. These exercises can be done by almost anyone-athletic types, people in wheelchairs, those who use canes or have balance issue or those who are obese. The movements are simple, organic and fun to do. Make them a part of your everyday routine. Learn how to live a life of comfort and ease.

INDEPENDENCE

Tuesday, November 1 – 11:00 am

Please join Thomas Haas, President of Complete Homecare of America Inc., November 1st, at 11:00 am for a presentation on "Independence." This presentation will prepare you to evaluate the options of staying in your own home and remaining as independent as possible. 90% of seniors want to stay in their home as they age and we will get you thinking about the questions to ask and the people to use as a resource to help you make a decision.